



NEWSLETTER

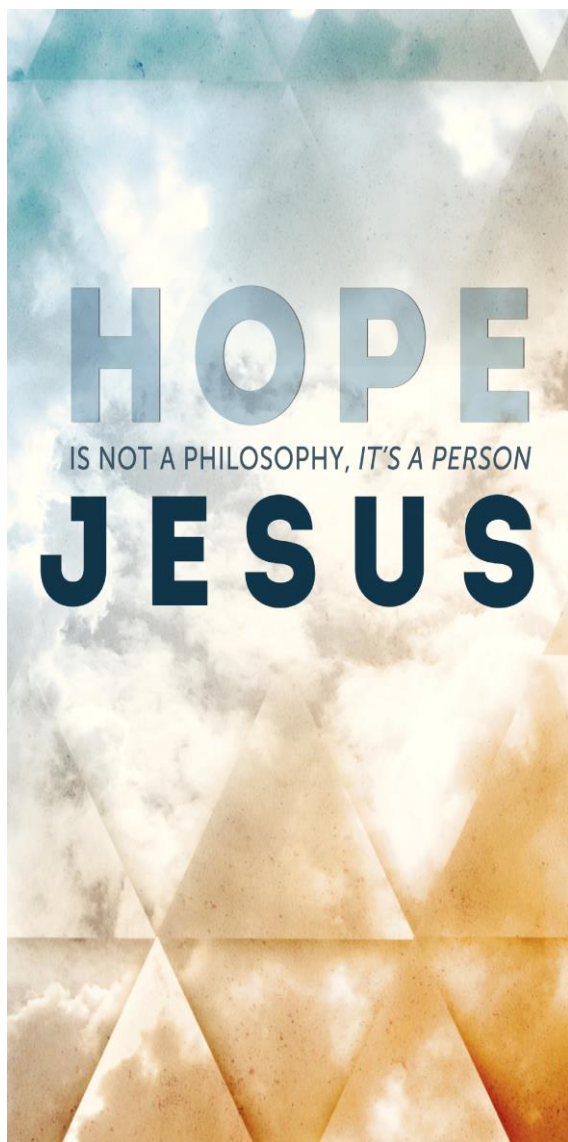
July-August 2013

Are You New To This Church?

Please make yourself known to the Rector or the Warden.

Please do join us for a cup of tea or coffee and a chat after the service.

Wedding, Baptism & Funeral enquiries
Please contact the Rector.



Rector

Rev. Debbie May: 0417 178 688
Church Office: 08 9330 1550



Church Warden

Mrs Jill Bowman 08 9330 9594



mainly
music®

10.30am – 11.30am

WEDNESDAYS

(During school term time)

**For parents &
young children**

\$7 per family

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Welcome To Holy Cross

We would love to welcome you to Holy Cross Church. We hope that you find the worship uplifting and that your relationship with Jesus Christ is enriched through it.

Sunday Club is held during school term at all of our Sunday morning services at 9:00 am and crèche facilities are available at the rear of the church. A change table is in the disabled toilet. Nursing mothers can use the front meeting room, access through the hall (door has sign on it).

For those hard of hearing an AUDIO LOOP operates throughout the church area. Please use your "T" setting to make use of this.

Gluten free wafers are available. If you require these please speak to the service leader.

We invite you to stay for a cup of tea or coffee and a chat in the hall after the service.

ANGLICAN CHURCH
of the HOLY CROSS
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Western Australia 6156
t: 08 9330 1550
m: 0417 178 688
e: revd.debbie@gmail.com
w: www.holycrossmelville.org

Annual Meeting Results

Thank you to everyone who attended our Annual Meeting and to those who were nominated and elected to the various positions. It was encouraging to receive so many nominations and I am pleased to announce the following that were elected or appointed.

Church Warden

Mrs Jill Bowman

Parish Council

Mr David Dawson
Mr Patrick Tebbutt
Mrs Sheri McCarthy
Mr Tom Berg
Mrs Annette Hare
Mr Peter Bowman
Mrs Adele Arnold

Nominators of Clergy

Mrs Jill Bowman
Mrs Betty Dawson
Mrs Betty Smith Gander
Mrs Beryl Shooter

Auditor

Mrs Betty Smith-Gander

Synod Members (elected for a term of three years in 2012)

Mrs Jill Bowman
Mr Wayne May

Alternates for Synod

Mrs Beryl Shooter
Mr Tom Berg

Liturgical assistants for the year 2013

Mrs Jill Bowman
Mrs Adele Arnold
Mr Ken Cheng
Mrs Sheri McCarthy
Mrs Betty Rushforth
Mrs Beryl Shooter
Mrs Annette Hare

Lay Pastoral Assistants for 2013-2014

Mrs Jill Bowman
Mrs Beryl Shooter

At the Council Meeting the following were also appointed.

Secretary

Mrs Jenny Stone

Treasurer

Mr Peter Bowman

Council also elected to invite Mrs Betty Smith- Gander to sit in on council meetings.



"Of course, the main reason churchyards make such good wildlife sanctuaries is that the cars only go at walking pace."



National Churches Refugee Taskforce

Archbishop Roger Herft of Perth is a member of this Taskforce which formed in April to bring all faith denominations together to advocate as a single voice of faith. The taskforce is made up of 16 church leaders from ten denominations and ecumenical bodies, and a supporter network of clergy, service agencies and church members. It will act as a collective voice offering faith-based moral leadership in the national debate.

The taskforce will also provide resources for church members and groups so that they too can raise their voices against injustice. It will tackle such subjects as

- the use of our overseas aid budget to fund the increasing costs of detaining asylum seekers in Australia;
- the continued use of the word 'illegal' to describe asylum seekers arriving by boat who are, in fact, exercising their international right to seek protection;
- the need to improve care and guardianship arrangements for children and young people in detention, especially those young people known as 'unaccompanied minors'; and
- the need to shift our national conversation from such catch phrases as

'stopping the boats' to one based on the values of compassion, hospitality and generosity.

Rev. Poulos said churches were concerned that our humanity was slowly being eroded by the continuing harsh public conversation and punitive treatment of asylum seekers. She said that Australian church leaders speaking out against these policies were reflecting the growing concern being expressed by their congregational members.

"The Christian tradition of caring for the stranger in need is strong in Australia," she said. "We know that most people do not willingly choose to leave their homes and their families to make treacherous journeys to a strange land. It's only desperation which drives them and our response must recognise this. Churchgoers and people of faith can sometimes struggle to know how to respond in the face of the continued vilification of asylum seekers and the misinformation being spread about them."

Rev. Elenie Poulos, Chair of the taskforce, points out that "what we know as churches is that as we, as individuals, meet with and engage with refugee families through our congregations and our communities, our hearts are opened and we respond with love and without prejudice. Refugees have come from desperate situations and like all of us, regardless of our religious belief, they are trying to create a better life for themselves and their families. As Christians we are called to open our doors to the oppressed, the marginalised, the weary."

The Taskforce aims to equip people of faith not only with a better grasp of the Government's policies and their effects

but importantly, with resources for prayer and study that are grounded in our Christian faith. It will bring together resources from across our denominations to help ensure that our responses to the needs of asylum seekers and refugees continue to be informed by Biblical wisdom, gospel imperatives, prayer and the exercise of faithful discipleship.

People interested in being updated on Taskforce prayer points, discussion papers or advocacy campaigns are welcome to register at www.acrt.com.au



Australia's First Peoples and our Constitution

The Australian Constitution needs changing, to express the unique place of Aboriginal and Torres Strait Islander peoples in the life of our nation. To help consider this issue, a three-session discussion booklet called “Visible and Valued: Australia’s First Peoples and the Constitution.” has been produced with some of the historical and legal background.

Last year at Synod, Perth Anglicans agreed to engage with the national bipartisan process of discussing the possible changes. To help us consider this issue, a three-session discussion booklet has been produced with some of the historical and legal background. It’s called “*Visible and*

Valued: Australia’s First Peoples and the Constitution.”

Everyone is invited to consider getting a group together to read and discuss this material. Copies of the booklet are available from Diocesan Office at \$2 per copy (+postage).

Each of the three discussion sessions includes background material on the laws affecting indigenous people (especially in Western Australia), Bible study resources, and links to follow up with further cultural, historical and legal learning.

Session 1: From Colonisation to the 1960s

Session 2: Constitutional Change and Native Title: 1960s to 2012

Session 3: A Constitution for Our Future: Honouring Australia’s First Peoples

Prayer Request

The **Prayer Request Book** can be found on the altar at the rear of the church. If you know of anyone who would like us to pray for them or if you have any particular worries that you would like us to pray for, please feel free to write a prayer request in the new blue prayer book that can be found in the church. These requests will be gathered and used during our daily Morning Prayer times and I would encourage our intercessors on Sunday mornings to use where appropriate during the intercessions. Any requests may also be sent to Revd. Debbie May at revd.debbie@gmail.com or by phone 0417 178 688.

Revd Debbie May

LET'S STICK TOGETHER - FOR THE FACT THE BODY IS NOT ONE MEMBER BUT MANY.

1Corinthians12:12-27

Most regions of the world are familiar with the amazing phenomenon of snow. Snowflakes are beautiful, uniquely crafted ice crystals. Individual snowflakes are fragile, and they quickly melt if they land on your hand. Yet, en masse they create a force to be reckoned with. They can shut down major cities while creating beautiful landscapes of snow-laden trees whose pictures decorate calendars and become the subject of artwork. They provide pleasure on the ski slopes and joy for children as they make snowmen and ammunition for snowball fights. All because they stick together.

So it is with those of us who follow Christ. Each of us has been uniquely gifted with the capacity to make a contribution to the work of Christ. We were never intended to live in isolation but to work together to become a great force for God and the advance of His cause. As Paul reminds us, the body of Christ "is not one member but many" (1Cor. 12:14) All of us are to use our gifts to service one another so that together we can make a significant difference in our world.

Put your giftedness to work, joyfully cooperate with the giftedness of those around you, and let the wind of the Spirit use you for His glory! – Joe Stowell

Lord, teach us to use our strengths in cooperation with the strengths of others. Help us to serve as one so that we might know the joy of the power of our togetherness for Your names sake and the advance of Your Kingdom. – WE CAN

ACCOMPLISH MORE TOGETHER THAN WE CAN ALONE.

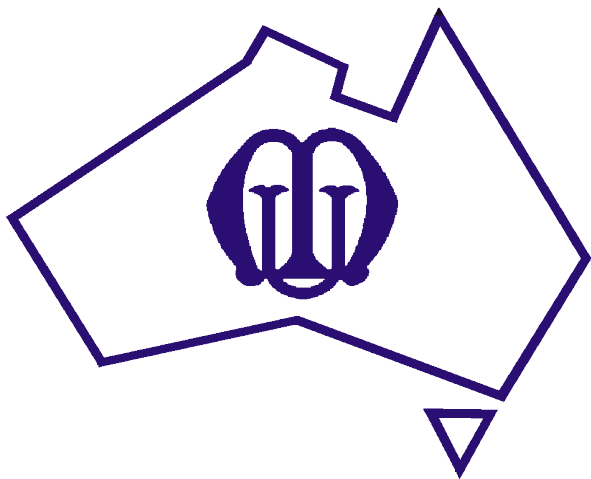
Excerpt from Our Daily Bread

Jumble

Your thoughts and assistance is needed. If we are to continue to provide this service to our community and gain funds from the sale of the items, your help is needed. In practical terms we need more helpers to set and clean up as well as helpers on the day of the sale. Some of the items being donated are just not saleable. We cannot sell electrical items – so would ask you, please do not donate electrical goods, including old stereo equipment, heaters, irons etc. If you are not sure if other items will sell then the answer is probably they won't. All unsalable goods must be sorted and disposed of, this takes time and money. It would be a great help if only good quality items were donated. We cannot accept any consumable items especially out of date food and drink items. It is costing us money to dispose of such items.

Storage for the jumble items is becoming a problem – storage space is at a premium within the church buildings. To this end can you please not bring items for jumble until the week preceding the jumble sales – perhaps store them in your garages. The constant delivering of items is making a lot of work for a few people with having to continually move and reorganise the storage room.

Your assistance on these issues would be greatly appreciated, if you have any ideas on how the jumble sales can be improved please speak with Peter, Jill or Revd. Debbie.



Mothers Union News

Each year MU Australia promotes a particular theme. There are studies to follow around the theme as well putting it into practical actions. This year the theme is "Trust and Obey" We find the studies to be thought provoking and our discussion can become quite colourful.

This year the target project for our overseas mission is the Ethiopian Literacy Programme. The aim of the program is to empower individuals, families and communities by equipping them with basic literacy and numeracy skills whilst discussing and planning action on issues and challenges they face on a daily basis. Through this program it is anticipated that family and community relationships in Ethiopia will be transformed as literate learners will be positively engaged in the local community, thus reducing poverty, gender barriers and ignorance, and improving living conditions in the home and in society as a whole.

Mu has a website that I would love you to look up and see what MU is doing worldwide.

MU Australia
<http://www.muaustralia.org.au/>

MU organisation

<http://www.themothersunion.org/>

The mission of MU is -

"Sharing Christ's love by encouraging, strengthening, and supporting marriage and family life"

We hope you will join us at Holy Cross Branch, you would be most welcome.

(You don't need to be a mother to join)

God's Blessings
Betty Rushforth

Anglicare

Anglicare have advised us that "Due to increasing operational costs, occupational safety and health reasons and decreasing rates of volunteering in our community Anglicare WA OP Shops can no longer receive donations of food after 1st July 2013. Nor can Anglicare WA organise pick ups from schools, Churches, businesses or other community groups". This unfortunately means that unless we can find a volunteer to take the produce to Rockingham on a regular basis we will not be able to accept donated food items for the time being.

The Holy Cross "100 Club"

Have you got a number!

The 100 Club works by up to 100 members paying an annual amount of just \$24 for their own unique number.

We are nearly half way there with just under 50 members. Our first draw was made in June and the winner was Jenny who won \$45.00.

Then next draw will be on the third Sunday in July and as it stands the prize will be in the region of \$47.00



Archbishop Justin meets Pope Francis in Rome

In their recent first meeting, Archbishop Justin and Pope Francis both spoke of the bonds of "friendship" and "love" between the Roman Catholic Church and the Anglican Communion.

The Archbishop and the Pope agreed on the need to build an economic system which promotes "the common good" to help those suffering in poverty.

Archbishop Justin said that Christians must reflect "the self-giving love of Christ" by offering love and hospitality to the poor, and "love above all those tossed aside" by present crises around the world. The Pope said those with the least in society "must not be abandoned to the laws of an economy that seems at times to treat people as mere consumers".

They also agreed on the need for Christians to act as peacemakers around the world, which they acknowledged could only be done if Christians "live and and work together in harmony," the Pope said.

Archbishop Justin, who has been deeply influenced by Catholic social teaching and intends to focus on healing divisions in church and society as part of his ministry, told the Pope: "I pray that the nearness of our two inaugurations may serve the

reconciliation of the world and the Church."

The Pope, who said their closeness of their inaugurations meant "we will always have a particular reason to support one another in prayer", said the meeting was an opportunity to remember that the search for unity among Christians is not prompted by practical considerations, but by Christ, "who made us his brothers and sisters, children of the One Father."



Grateful faith, saving faith

They stood at a distance and called in a loud voice, "Jesus, Master, have pity on us!" (Luke 17: 12,13) Yes, they had to keep their distance, because they were leprosy sufferers, all ten of them. What a stigma leprosy has represented across many centuries. All down history, no belief-system lifted a finger to help those suffering from this disease – outside the friends of Jesus. It was in Africa that I first met Dr. Dennis Burkitt, of cancer research fame. "I have travelled all over the tropics," he told me, "and I never found a leprosy settlement anywhere that was not run by Christians."

Dr. June Morgan of the Overseas Missionary Fellowship agrees with such a statement, and testifies that in the pioneer mission work she undertook over many years in a near-East country, the church of that land was initially built up

entirely of the leprosy patients that she and her colleagues tended. “Nobody else would come near them,” she confided, “but we would meet and pray with them, and share in the Lord’s Supper with them.”

Years ago I visited the leprosy village on the island of Bwama in Uganda’s beautiful Lake Bunyoni. You could hear the beating of the church drums across the water, as the residents gathered for worship. It was said that no patient ever came to the island without

becoming a follower of Jesus. Some would even say, “I thank God that I ever came here. He touched my life and saved my soul.”

Such gratitude was inspired in the life of the one leprosy sufferer of Luke chapter 19 – who threw himself down in thanksgiving before Jesus. He was cured.... but more than that! “Rise and go,” said Jesus. Your faith has saved you.”

Here was more than a physical cure. The word for ‘saved’ in this passage of Luke’s Gospel is *sozo* – in the Greek New Testament. It is the word that stands for spiritual salvation. This non-Jew was healed and also welcomed into the family of God as a saved and forgiven man.

Today, Bwama Island no longer requires a leprosy ministry. Sufferers are treated in other ways today. And all around the world, hospitals have become an accepted part of civilization. But it was never a government department that initially began them! That we owe entirely to the influence of Jesus Christ.

Tents Don’t Have Plugs

Many children refuse to go camping because there is nowhere to charge their phones, watch TV or access the internet. Unlike their children, four out of ten adults like the simple pleasures of camping and a third said it let them ‘escape’. The study was by E.On, who is working with the Scout Association to create a tent which uses wind turbines and solar panels to produce power.

Norway’s best-selling book

The Bible was Norway's best-selling book in 2012, with a new translation by the Norwegian Bible Society selling 160,000 copies. Anne Veiteberg, of Norway's Bible Society, explains that immigration has been a factor, with 250,000 immigrants settling in Norway in the past six years, 60% of who claim to be Christian.



Avoid the supermarket

Are you hungry? Don’t shop for food! You’ll be too tempted by high calorie food. Instead, eat something and wait for a bit.... then you’ll be safe to be let loose in the food aisles. The study was done at Cornell University in New York.

Kids Plus +

Drop your kids in to Kids Plus+ on a Thursday evening (during school term time) for a time of fun and games between 4-5.30pm while you go shopping/put your feet up or have some 'you' time.

Kids Plus + is an exciting church group for children aged between 4-7 (Pre Primary to year 2). Each week we play games, do craft activities, enjoy stories, watch films together and much more. Generally we have lots of fun while learning good Christian life skills and make friends.

Initial cost to join for the year \$10
Then just \$5 per family per week to cover costs.

Kids Plus+ is affiliated with GFS Australia and enjoys all the benefits of belonging to a long established, well respected group.

All leaders have current Working with Children Cards and are Police checked so rest knowing that your children are in safe hands.



Beware the church organist

Church organists, it seems, are no longer as innocent as they look. After centuries of playing hymns for congregations and anthems for choir boys, it seems that church organists are now playing tricks – on their congregations.

A recent survey by Christian Research has found that perhaps up to half of all church organists may be slipping secular tunes into church services – when least expected. The tunes can range from snippets of heavy metal classics to advertising jingles to nursery rhymes to popular pop songs.

Among the examples cited was that of the organist in Scotland who had fallen out with some of the elders in the Kirk. He got his revenge by playing a thinly disguised version of 'Send in the Clowns' as they processed in for a Sunday service. In another church, a vicar sacked an organist after he played 'Roll out the Barrel' at the funeral of a man known to have been fond of a drink.

One very high church congregation was startled to find their elaborately dressed clergyman processing down the aisle to – the theme tune from The Simpsons. Another congregation took up the collection – and found themselves listening to 'Money, Money, Money' by Abba.

The survey also uncovered examples of services 'livened up' with renditions of the theme tunes from the Magic Roundabout, Blackadder and Harry Potter. Sung Evensong – normally seen as the pinnacle of English choral music – has been 'enriched' with such offerings as 'I'm a Barbie Girl' and 'I'm Forever Blowing Bubbles'.

Stephen Goddard, of Christian Research, said: "It's an oft-repeated adage in church circles – 'What's the difference between an organist and a terrorist? - you can negotiate with a terrorist'. Hidden from view, your local church organist may appear unassuming, but like any true artist, he or she can be eccentric and mischievous. Mess with him at your peril – he will pull out all the stops to get his own back."



TEEN meets GOD: Sam's story

I was raised in a Christian family, so I decided to follow Jesus at an early age. In my younger years of high school though, peer pressure really hit me. I was forever in trouble, and I drifted away from God. As I got older, with encouragement from leaders and friends around me and the aid of a couple of Christian camps, my faith was challenged and it was then that I started to see that God was someone who I could relate to and who was with me in all I did.

I started to change my behaviour, stopped hanging round with the wrong people and focused on what God wanted for me. This resulted in me leaving people behind, and then being bullied. I withdrew and prayed to God that things would improve... and they did! I felt it was right to be baptised at 13, and began to find out more about Jesus, as I decided to own my faith fully for myself. Jesus continues to blow me away more and more as I learn about him.

In October 2012 my youth leader Emily died at 22, which was a massive blow. However, it also made me realise that I had to make the most of my time and my gifts. After that I was praying to God for direction, and I believe he gave me the idea of creating a website for Christian teenagers, to support them, and show them they're not alone. I don't believe anything like this has been around before. The website is really taking off, and it's amazing to see young Christians being influenced and encouraged and more importantly growing with God. It's an exciting journey, but one that has only just started. I have no idea where I will even be in a few months, but I do know I have to tune into God, and keep listening to where he wants me to go.

Sam is 16 and lives in the West Midlands. He's the co-founder of the website: www.forchristianteens.com. Sam made a decision to follow Jesus. He prayed, asking God to forgive him for the things he does wrong, and then he promised to live God's way. To find out more about the Christian faith, visit <http://www.lookingforgod.com>



What does it take to make you more Christ-like?

When we Christians speak of the difference between our goal and our destination, we speak of the difference between having Christ 'formed in us' and the new heaven and new earth.

Paul spoke about his longing to see 'Christ formed in you' (Gal 4:19), based on the knowledge that "those whom God foreknew He also predestined to be conformed to the image of his Son" (Rom 8:29). And, to the Corinthians, Paul spoke of that process as a current reality. "And we all... are being transformed into his image with ever-increasing glory, which comes from the Lord..." (2 Cor 3:18).

So the breath-taking goal of the Christian life can be summarised as follows: We are being formed, conformed and transformed into the image of Jesus Christ.

How is that possible? Because he agrees to be yoked to us (Matt 11:29), a training process that transforms us. And - daily life is designed to shape our character.

Work places us in the flow of divine action. Luther called the work of the ploughboy and the milkmaid priestly work; you can serve God in your daily tasks of serving others.

Trials are also designed to produce endurance. James told us not to be overwhelmed by them, but to allow them to have their full effect, "so that you may be mature and complete (Christlike), lacking in nothing." (James 1:4).

Above all, the Holy Spirit has been given to us, as the ultimate shaper of our

character. The same Spirit that inspired Scripture is also at work reshaping us.

There are also more formal means of grace like prayer, Bible study, fasting, solitude, simplicity and others. But they have all been given to us because without well informed, intentional action we will never grow in Christlikeness. They help us with that "training in godliness" (1 Tim 4:7) so essential to the normal process of transformation.

Of course, these means of grace have no merit in themselves. They don't make us right with God, nor do they improve our standing with him, but they do place us before him. He uses them to reshape our character as he transforms us into the image of Christ.



Scared of flying?

Are you flying soon, and stressed about it? Then listen to slow songs, such as Adele's Someone Like You or Bob Marley's Buffalo Soldier or Coldplay's Paradise. It seems that songs with about 60 beats per minute are the best tempo for helping air travellers to calm down.

Tracks which stimulate both the 'logical' left and 'emotional' right sides of the brain are also proven to reduce anxiety, according to research by Spotify, the music streaming service. As one anxiety psychologist explained, such songs "help people think in a more balanced, rational way".

Work ethic most important

A good work ethic and attitude is even more important than skills, when it comes to securing that all important first job.

That is the finding of a recent report from the Centre of Social Justice (CSJ), a think tank. It has called for a fourth 'R' – responsibility – to be added to schools' traditional core subjects of reading, writing and arithmetic. An overwhelming 82 per cent of employers rated attitude and work ethic higher even than literacy and numeracy, when it came to recruiting 'entry level' posts.

How tall? How wide?!

Keep your waist down to half your height – if you want to live for longer. A recent study has found that measuring the ratio of your waist to your height is an even better way of predicting life expectancy than body mass index (BMI), the method widely used by doctors at present.

Men with waistlines that measure 80 percent of their height live on average 17 years less than men with slimmer waistlines. Keeping your waist circumference to less than half of your height can help prevent stroke, heart disease and diabetes, and add years of life. Measuring someone's waist is important because it accounts for levels of central fat that accumulate around the organs. The research was carried out at Oxford Brookes University.

Why I can't come to work today....

What excuses have you given your boss as to why you have to stay home? (Or, on a Sunday, not gone to church?!) Some people excel themselves: from citing hallucinations to a clothes peg stuck on a toe to a dog who ate the shoes.

Benenden Health, who commissioned the survey, found that six out of ten employers do not believe their employees' excuses, and often check social media, to see if they are well enough to post updates. While some excuses are a bit silly, stress does affect an awful lot of people, the researchers warn, and can make them truly ill.



All in the month of AUGUST

It was....

175 years ago:- on 1st August 1838 that slavery was abolished in most of the British Empire.

125 years ago: on 15th August 1888 that T E Lawrence ('Lawrence of Arabia') was born. He was a British army officer, military strategist, archaeologist and writer, but best known for his activities in the Middle East during the First World War.

Also 125 years ago: on 31st August 1888 that the mutilated body of Jack the Ripper's first victim, Mary Ann Nichols (Polly) was found in Whitechapel.

100 years ago: on 13th August 1913 that British chemist and metallurgist Harry Brearley produced the first stainless steel.

80 years ago: on 28th August 1933 that a BBC radio appeal was used for the first time to help the police track down a wanted man.

65 years ago: on 23rd August 1948 that the World Council of Churches was founded.

50 years ago: on 3rd August 1963 that the Beatles performed at The Cavern Club in Liverpool for the first time.

Also 50 years ago: on 28th August 1963 that Martin Luther King gave his famous 'I have a dream' speech from the steps of the Lincoln Memorial in Washington, DC during the March on Washington for Jobs and Freedom.

30 years ago: on 5th August 1983 that 22 members of the IRA were jailed for a total of more than 4,000 years in one of Northern Ireland's biggest 'supergrass' mass trials.

25 years ago: on 8th August 1988 that Princess Beatrice, first child of the Duke and Duchess of York (Prince Andrew and Sarah Ferguson) was born.

Also 25 years ago: on 11th August 1988 that the terrorist organisation al-Qaeda was founded by Osama bin Laden.

15 years ago: on 15th August 1988 that a car bomb in Omagh, Northern Ireland, killed 29 people and injured 370 – the

deadliest act of violence in the 30 year history of the 'troubles'.

10 years ago: on 5th August 2003 that the Anglican Church in America appointed its first gay bishop.

Also 10 years ago: on 11th August 2003 that NATO took over command of the international peacekeeping force in Kabul, Afghanistan – its first major operation outside Europe.

Not so handy

Do you own a hammer, screwdriver or spanner? It seems a lot of us don't. One in five young adults rely instead on Dad, who typically spends an hour a week putting up shelves, mending fuses, or assembling furniture for their offspring – thus saving them over £1000 a year in tradesmen's fees. The study was carried out by Aviva, who found that overall, young adults are four times LESS likely to be able to do a selection of basic tasks than those aged over 65.

Your will

(Romans 12:1-2)

Called
In love
By name,
To live my faith
As only I can.

To worship with my obedience
As only I can,
To serve in your freedom
As only I can,
To know your will
For me.

By Daphne Kitching

Miscellaneous observations on life...

- ~ Aim low. Reach your goals. Avoid disappointment.
- ~ All generalisations are false.
- ~ All that glitters has a high refractive index.
- ~ All's well that ends
- ~ Always make stupid moves, it confuses your opponent.
- ~ Always stay in with the outs.
- ~ Take time to stop and smell the roses... but beware: sooner or later, you'll inhale a bee.
- ~ Always try to be modest. And be VERY proud of it.
- ~ An atheist is a person who has no invisible means of support.
- ~ An unbreakable toy is useful for breaking other toys.
- ~ Any married man should forget his mistakes - there's no use in two people remembering the same thing.
- ~ Before you criticise someone, make sure you've walked a mile in their shoes. That way, you're a mile away AND you have their shoes!
- ~ Blessed are those who can give without remembering and take without forgetting.
- ~ The sole purpose of a child's middle name is so he can tell when he's really in trouble.
- ~ Marriage is a very good way to promote civilisation - if you get a good partner you

will be happy, if you get a bad one you will become a philosopher.

- ~ Middle age – when you begin to exchange your emotions for symptoms.
- ~ The first time I sang in the church choir 200 people changed their church!
- ~ Never go to a doctor whose office plants have died.

The Mummy test

I was out walking with my then four year old daughter. She picked up a sweet wrapper from the ground and was about to sniff it. I told her not to do that, and she demanded why.

"Because it's been lying outside and is dirty and has germs that will upset your tummy," I replied.

She looked at the wrapper and then at me. "Wow! How do you know that?"

"Um," I was thinking quickly, "Um, it's on the Mummy test. You have to know it, or they don't let you be a Mummy." My daughter digested this reply in wondering silence, and we continued walking.

Suddenly she stopped. "I get it! If you fail, then you have to be the Daddy."

The Talking Centipede

A man decided to get an unusual pet. So he went to the pet shop and after some discussion, finally bought a talking centipede, (100-legged bug), which came in a little white box to use for his house. The man took the box home, put it carefully on the table, and decided he would start off by taking his new pet to church with him. So next morning he asked the centipede in the box, "Would

you like to go to church with me today?
We will have a good time."

But there was no answer from his new pet. This bothered the man, but he waited a few minutes and then asked again, "How about going to church with me?" But again, there was no answer from his new friend and pet. So he waited a few minutes more, and decided to invite the centipede one last time. This time he put his face up against the centipede's house and shouted, "Hey, in there! Would you like to go to church with me – or not?"

This time, a little voice came out of the box: "I heard you the first time! I'm putting my shoes on!"

More Miscellaneous observations...

I asked the earth and it answered me: 'I am not it', and all things whatsoever made the same confession. I asked the sea and the deeps and the creeping things and they answered me: 'We are not thy God; seek beyond us.' Augustine of Hippo, Confessions 5th century

**

Here is the unity of blades of grass and bits of wood and stone, together with everything else....All that nature tries to do is to plunge into that unity, into the Father-nature, so that it may all be one, the one Son. Meister Eckhardt, Sermons, 13/14th century

**

Consider this,
That in the course of justice none of us
Should see salvation.
William Shakespeare (The Merchant of Venice, c1596)

**

To wish to pray is a prayer itself. Georges Bernanos (The Diary of a Country Priest)

**

The God to whom little boys say their prayers has a face very like their mother. J M Barrie

**

Learn to distinguish between trying and training. Without training I may try to win a marathon race but I will only fail. That is because without training there will be no ingrained habits that have restructured my body for the marathon. Training builds holy habits.

**

You can give without loving, but you cannot love without giving.

**

What we see in others often reveals something about us.

**

All the storehouses of God are open to the voice of faith in prayer. D M McIntyre

**

Prayer is often conceived to be little more than a technique for self-advancement, a heavenly method for achieving earthly success. A W Tozer

**

On preaching: If you shoot over the heads of your congregation, you don't prove anything except that you don't know how to shoot. James Denney

**

A sharp tongue is the only edged tool that grows keener with constant use.

Washington Irving

**

There are times when God asks nothing of his children except silence, patience and tears. Charles Seymour Robinson

**

Never miss an opportunity to make others happy – even if you have to let them alone to do it.

**

Dates For Your Diary

Wed 3rd July

10.30am mainly music

Thur 4th July

4.00pm Kids Plus+

Sat 6th July

9.30am MAP meeting with Bruce
Houston

Mon 8th July

1.00pm MU

Wed 10th July

2.30pm Meeting with Bishop Kay &
Archdeacon Lionel

Tue 16th July

9.00am Tebbutts Home Bible Study
Group

Wed 24th July

10.30am mainly music

Thur 25th July

4.00pm Kids Plus+

Tue 30th July

7.00pm Church Council
(Please note change of date)

Wed 31st July

10.30am mainly music

Dates For Your Diary

Thur 1st August

4.00pm Kids Plus+
7.30pm Order of St Lukes

Tue 6th August

9.00am Tebbutts Home Group

Wed 7th August

10.30am mainly music

Thur 8th August

4.00pm Kids Plus+

Sat 10th August

8.30am Jumble Sale

Mon 12th August

1.00pm Mothers Union

Wed 14th August

10.30am mainly music

Thur 15th August

4.00pm Kids Plus+

Tue 20th August

9.00am Tebbutts Home Group

Wed 21st August

10.30am mainly music

Thur 22nd August

4.00pm Kids Plus+

Wed 28th August

10.30am mainly music

Thur 29th August

4.00pm Kids Plus+



St. James The Least Of All

On why it is so hard to read

The Rectory

St. James the Least

My dear Nephew Darren

Your suggestion that every month at clergy meetings, someone should review a book of theology they have been reading, was bound to be greeted with uneasy resistance. It would mean that the majority would have to start opening books, rather than just occasionally dusting them. Possessing books does not necessarily imply that they are ever read.

Your high church colleagues will only read the Racing News, low church members the Railway Review, liberals the Knitting Weekly and those with tendencies towards non-conformism, the Vegetarian Times. Clerical studies may be lined with books, but they are largely for effect – and to hide damp patches on the wallpaper. Anything with hard covers will have been bought with the best of intentions - but somehow the vicarage lawn or the church hall drains will have taken precedence. And from what I know of your colleague at St. Crispin's, the only books he will buy will be to colour in.

I do try to keep up with my reading, but sleep mercifully intervenes after the first 10 minutes. On those days when I sit by my study window, so passers-by can see me deeply occupied in intellectual activity, it is most useful that my large tome on the letters of Eusebius can easily conceal an Agatha Christie inside it.

I confess that I was once gloriously put down when I tried to get one of our blue stockings interested in a new edition of a Dostoevsky novel. She replied: 'I have never read Dostoevsky in translation.' It only confirmed my suspicions that she had worked as a Russian spy in earlier years.

I was hugely impressed when during the bitter cold of last winter the Earl of Stowe, whose library would comfortably contain one of our cathedrals, told me he was slowly getting through its contents of tens of thousands of volumes. It was only some time later I discovered that he meant he threw the occasional one on the fire when he was running low on wood.

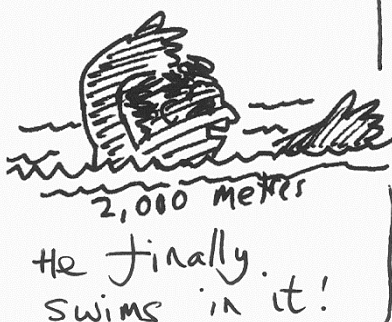
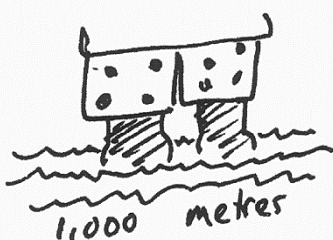
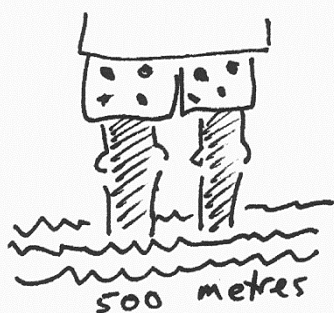
No, my dear Darren, the only literary activities that will spark interest will be crosswords for the majority, or diocesan reports for the truly dedicated – with weighty tomes being used as door stops.

Your loving uncle,

Eustace

Go on! Swim
in the river
OF LIFE!!

Bible Sketch book



In Ezekiel's vision water was flowing from the temple — a symbol of the Spirit of Jesus available to all believers.

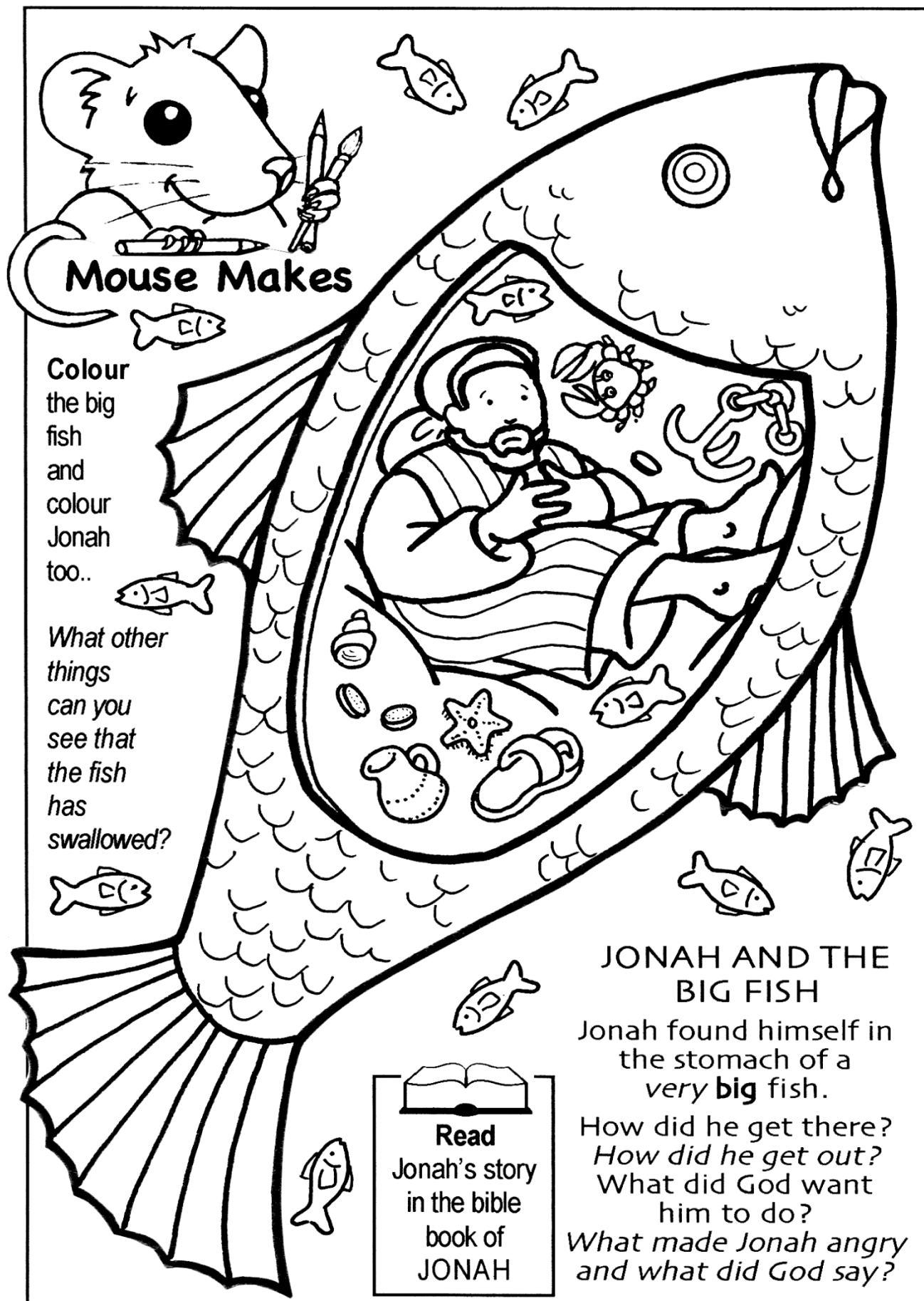
God's call is for all of us not just to paddle, or even go waist-deep, but to swim in the full flow of His Spirit!

As we do so he promises he will bring growth, healing and life, with all kinds of trees, fruit, birds, fish and animals.

How about you?
Take that
plunge! Swim in
the river!

Read more in
Ezekiel 47:
Verses 1-12.





Mouse Makes

Colour
the big
fish
and
colour
Jonah
too..

What other
things
can you
see that
the fish
has
swallowed?

Read
Jonah's story
in the bible
book of
JONAH

JONAH AND THE BIG FISH

Jonah found himself in
the stomach of a
very **big** fish.

How did he get there?
How did he get out?
What did God want
him to do?
*What made Jonah angry
and what did God say?*

Aug13 @deborahnoble @parishpump.co.uk

Rosters

Holy Cross Rosters July-Aug 2013

Date	Media	Collection	Reading	Prayers	Communion	Altar	Flowers	Tea	
7 July	Wayne	Peter & David	Tanya	Jill	Jill	Carole (green)	Betty R	Joy & Frank	
14 July	Peter	Pat & Betty SG	Annette	Adele	Adele	Carole (green)	Adele	Mike & Margaret	
21 July	Mike	Mel & Norm	Norma	Beryl	Beryl	Carole (green)	Betty R	Hazel & Annette	
28 July	Wayne	Pat & David	Pat	Ken	Sheri	Carole (green)	Christine	Norma & Pat	
4 Aug	Wayne	Mel & Norm	Mike	Jill	Jill	Hazel (green)	Sheri	Joy & Frank	
11 Aug	Peter	Pat & Betty SG	Beryl	Betty R	Betty R	Hazel (green)	Adele	Annette & Betty R	
18 Aug	Mike	Peter & David	Barbara	Beryl	Beryl	Hazel (green)	Betty R	Norma & Pat	
25 Aug	Wayne	Pat & Betty SG	Betty R	Ken	Sheri	Hazel (green)	Christine	Margaret & Adele	
1 Sep	Wayne	Mel & Norm	Peter	Jill	Jill	Hazel (green)	Sheri	Hazel & Annette	

Note

If you are unable to fulfil your roster duty on your rostered day, please try to find someone to swap with. If you cannot find anyone, please ring Debbie

Service Times

Mon 1st July

02.00pm Communion (St Ives)

Wed 3rd July

09.30am Mid-week Communion

Sun 7th July (Green)

09:00 am Family Communion
Isaiah 66:10-14,
Galatians 6:7-16,
Luke 10:1-11, 16-20

Sun 14th July (Green)

09:00 am Family Communion
Deuteronomy 30:9-14,
Colossians 1:1-14,
Luke 10:25-37

Mon 15th July

02.00pm Communion (St Ives)

Sun 21st July (Green)

9:00 am Family Communion
Genesis 18:1-10a,
Colossians 1:15-28,
Luke 10:38-42

Wed 24th July

09.30am Mid-week Communion

Sun 28th July (Green)

09:00 am Family Communion
Genesis 18:20-32,
Colossians 2:6-15,
Luke 11:1-13

Wed 21st July

09.30am Mid-week Communion

In Loving Memory

Vernon Thomas

Alex Roberts

Victor Conran

Janet Prince

Margaret Joachim

Roy Stone

Christine Smith-Gander



Service Times

Sun 4th Aug (Green)

09:00 am Family Communion
Ecclesiastes 1:2, 12-14, 2:18-23,
Colossians 3:1-11,
Luke 12:13-21

Mon 5th Aug

02.00pm Communion (St Ives)

Wed 6th Aug

09.30am Morning Prayer

Sun 11th Aug (Green)

09:00 am Family Communion
Genesis 15:1-6,
Hebrews 11:1-3, 8-16,
Luke 12:32-40

Wed 14th Aug

09.30am Morning Prayer

Sun 18th Aug (Green)

09:00 am Family Communion
Jeremiah 23:23-29,
Hebrews 11:29-12:2,
Luke 12:49-56

Mon 19th Aug

02.00pm Communion (St Ives)

Wed 21st Aug

09.30am Mid-week Communion

Sun 25th Aug (Green)

09:00 am Family Communion
Isaiah 58:9b-14,
Hebrews 12:18-29,
Luke 13:10-17

Wed 21st Aug

09.30am Mid-week Communion

Sun 1st Sep

9:00 am Family Communion
Ecclesiastes 10:12-18,
Hebrews 13:1-8, 15-16,
Luke 14:1, 7-14

KidsPlus+

A fun church group for
children aged 4 to 7 with games,
crafts, stories
and much more.

On Thursdays
at 4pm.-5.30pm
\$5 per family



Holy Cross Church 56 McLean Street Melville 6164

For more details contact Revd. Debbie: 0417 178 688